

## What to pack:

- 2-3 Face Masks
- Immunization Card or Negative Test (see our [COVID Guidelines](#) for more info)
- Travel-size sanitizer for yourself
- Sleeping Bag or Bedding for Twin Bed
- Pillow
- Personal Toiletry Items (Soap, Shampoo, Brush, Etc.)
- Shower Towel
- Shower shoes (flip-flops)
- Shower caddy (or something to carry stuff to/from shower)
- Swimsuit
- Pool Towel
- Sunscreen
- Bug Spray
- Tennis Shoes
- Sweatshirt or jacket
- Pajamas
- Underwear
- Extra Socks
- Flashlight
- Paper
- Pens or Pencils
- Bible

## Optional Items to Bring:

- Hat/Sunglasses
- Camera
- Book for Horizontal Time
- Favorite Stuffed Animal
- Stamped and Addressed Envelopes

## Don't Bring Things Like This:

- Food
- Valuables
- Your brand new, \$200 shoes
- Non-Prescription or OTC Medications
- Gaming Devices, iPods etc.
- Drugs, tobacco, alcohol, firearms, fireworks, weapons, knives, etc.---duh.

## **Meals:**

Jr. High Camp only offers a standard menu. We do not offer celiac friendly or vegetarian menus at this time. All dietary needs disclosed in your original registration form will be shared with the camp cook, however if you have any additional special dietary doctor- directed meal concerns, please contact our head camp cook before the start of camp: [Patti Wright](mailto:pwright62@gmail.com), pwright62@gmail.com

Campers eat breakfast, lunch and dinner in addition to a mid-afternoon and evening snack.

## **What's included in the cost?**

- Camp T-shirt
- All Meals
- Snacks
- Lodging
- LOADS OF FUN

## **Thoughts on cell phones at camp:**

Many middle school-aged campers have their own cell phones. We are not opposed to campers having cell phones at camp, but we are opposed to campers being distracted by their cell phones at camp. We will approach cell phones in much the same way that many schools do- they won't become a problem until they become a problem. We expect all campers to keep phones out of sight during all camp activities, and counselors reserve the right to collect phones at night if they become distracting to the campers or others or are preventing the campers from receiving adequate sleep. You are welcome to keep campers' cell phones at home and may use Jennifer Pusateri's cell phone number (502-593-3177) during camp should you need to contact the camper or directors.

## **Questions?**

### General Questions:

Jennifer Pusateri, Director

502-593-3177

[jennifer.pusateri@gmail.com](mailto:jennifer.pusateri@gmail.com)

### Registration/Website Questions:

Jayson Lenn, Director

[jayce2300@yahoo.com](mailto:jayce2300@yahoo.com)

### Curriculum Questions:

Linda Duke, Director

812-677-0286

[ldukegsyouth@gmail.com](mailto:ldukegsyouth@gmail.com)